

## EAST LEE COUNTY NEWS | DANIELS CORRIDOR

EASTLEENews.com FOR MORE | LET US HEAR FROM YOU! CONTACT US AT PRESS@EASTLEENews.com

### It's Go Time For Lehigh Acres And East Lee!

By Butch Swank



Photo: Butch Swank, President of Southwest Florida Business Alliance; Owner of Goodlad & Swank Insurance, LLC

Not everyone will like hearing this, but I am okay with that. Sometimes a person can go their entire life with a glaring but easy to solve problem that everyone in their life sees. It is obvious. However, no one ever mentions this glaring problem because "everyone" seems to think someone else should say it, or even worse, they don't want to hurt feelings. So, instead of having this burden lifted because someone sat them down and said: "Look, this thing you do is hurting you. You can't see it, but everyone else can. Let's talk about it and see what can be done." Hard conversations are, by definition, hard to have. You are uncomfortable leading up to it, it's painful when it's happening, but something remarkable happens afterward. It's all out there now! Whatever this dirty secret, terrible habit, or unsavory behavior was, it's out there and can be talked about in the open. That means you embraced the hard part first, so you can now begin the good part, which is the solution. Life is hard. Why make it harder by ignoring obvious problems?

Everyone struggles at first when we try something new. We've all seen a pro golfer or baseball player swing, and it looks so amazingly easy, right? We never pay any thought to what their very first swings looked like. Listen, they were aw-

ful! Truly. Even the most gifted athletes must start somewhere. Another saying comes to mind: The master was once a fool. To me, that means the master knew early on there is no progress without struggle, pain, and discomfort. Comfort and inaction get you nowhere. However, embracing discomfort and struggle can lead to remarkable improvement. You just have to get started.

Why do I say all of this? I say it because it's become clear to me that all of the communities surrounding Lehigh Acres and East Lee have had fierce advocates for years and years. We currently have a few but need many more. I ask everyone reading this to please consider how or what you can do to help become an advocate. Tiny bits of help in large numbers can become an unstoppable force. After all, there are over 130,000 of us now! Nobody wants to face something focused and relentless. Nobody.

Here's a concrete example of what I mean. As of last fall, the Lee County School District was slated to begin construction on a \$90 million school in Estero. Let me share a fascinating statistic. The School District has a tool they use to measure how many students per 100 households the different communities of Lee County produce. Guess how many kids per 100 households Estero produces. What did you guess? 50? 25? 60? Well, the actual number is 7.

This number I share next deserves its

very own paragraph. Guess how many kids Lehigh Acres produces. Also, keep in mind we have 1,991 kids in portables out here. Ok, the big reveal is that we produce 71 kids per 100 households. Now ask yourself: How on God's green Earth can Estero get a brand new \$90 million school when we in East Lee must fight even to get our portables patched up?

The answer is simple: Advocacy. Estero does a much better job representing themselves on the other side of I-75 than we do. It really is that simple. So, I come back to my earlier point about the person struggling through life with a fixable problem while no one that cares about him will take the time to point it out to him. It's fixable, but nobody says a word. We are all that unfortunate dude's friends and family in this scenario. In general, Lehigh Acres and East Lee have too many Dollar Generals, auto parts stores, and not enough restaurants and fun things to do. Wouldn't it be nice if you could stay in town to go on a date night? How about taking the kids or grandkids right down the street to HeadPinz? Wouldn't it be nice to have a whole range of major retailers right here? Also, we don't have enough job opportunities here for our teenagers or adults. A slew of new businesses here would mean more job opportunities and more things for us to collectively do. Not to belabor the point, but that would also mean way less driving back and forth, which means we'd all have to spend less on gas and tires.

By our own inaction, we deny ourselves this positive change. That needs to end. I ask that you find out how to contact our county commissioners and give them hell. Call them, email them, or even better, schedule an in-person meeting so they can listen to your concerns face to face. If you don't like the fact that our Lehigh schools are overcrowded and understaffed, contact the School District and give them hell, too. It's well past the time for action. I know making that first contact will make you feel like the fool I spoke of earlier. Trust me, after a few interactions, your game will get better. One more point, be insistent but always polite! Our outreach to these officials is literally something new to them. We have not advocated for ourselves, and these officials are human, just like us. They simply cannot fix problems they know nothing about. So, let's act in good faith and let them all know how we feel.

Now listen, we won't all become masters, but that is not the point - the point is that we become the masters of our own community instead of others making the decisions without us. If a good portion of our fellow 130,000 took a tiny bit of time and started fighting to advocate for the things WE want and need, our entire community would change so much for the better. Your voice counts! Stop being silent and wishing for better. Start taking control of what happens in your neighborhood, and you will be amazed at how quickly the positive change we all want becomes a reality. ✨



**LIFE LAW PLANNING**  
*legacy life planning for the modern family*

**YOUR FAMILY. YOUR LEGACY. OUR MISSION.**

GUARDIANSHIP | LIVING TRUSTS  
ESTATE PLANNING | WILLS | PROBATE  
FAMILY LAW | ASSET PROTECTION



**ALINA GONZALEZ-DOCKERY, ESQUIRE**

239-789-2533 | www.LIFELAWPLANNING.COM | 5237 SUMMERLIN COMMONS BLVD, SUITE 109, FORT MYERS, FL 33907



**THE PERFECT** ...ISLAND  
...BEACH  
...ESCAPE

**GULF FRONT CONDO STAYCATION**

•Security of Location      •Private Pool  
•Lighted Tennis/Pickleball Courts  
**ONLY 20 UNITS!**







(239) 472-2996 | www.sanibelgulffrontcondos.com | 605 Donax St Sanibel, FL 33957

**GOODLAD & SWANK**  
INSURANCE, LLC



WHY NOT INSURE IT ALL UNDER ONE ROOF?

FLOOD

HOME

AUTO

LIFE

BUSINESS

BOAT

**Providing you with the highest levels of Customer Service in our Community.**

**The Goodlad & Swank Approach - 3 Steps of Service**

1. Ask great questions and listen closely to our clients.
2. Shop Florida's top insurance carriers for best rates and coverage.
3. Craft a comprehensive insurance plan to cover what matters most.

**Capability. Commitment. Community.**  
*Call for a Free Quote*

**239-674-7630 | www.goodladandswank.com**  
702 Leeland Heights Blvd W Lehigh Acres, FL 33936

The **COIN SHOP**  
ESTATE JEWELRY

Specializing in rare coins. Graded & Numismatic.

**COINS**



**GOLD**



**TOP DOLLAR For Coins & Gold**

**(239) 672-4003 • House Calls Available!**  
9230 Daniels Pkwy Suite 103 Fort Myers FL 33912

**THECOINSHOPSWFL.com**

# Take Care Of Today For A Better Tomorrow

By Dr. Darin Stokke, DC



**Photo: Dr. Darin W. Stokke, DC, currently of LifestylesHealthcare Group.**

As a kid growing up I remember visiting my Grandpa and watching him work so hard at everything he did. When I asked him why he worked so hard he told me he worked hard so he could one day retire and enjoy fishing every day for the rest of his life. As the years went by, my Grandpa began to have some health issues and a visible limp began to form as he walked. He rarely complained but he also didn't take great care of himself. I noticed him struggle more and more to get out of his recliner each time I visited and watched as his breathing would get more labored with even short walks. By the time my Grandpa hit retirement age he could barely bend his knees to squat down and had to fall back into his chair to sit. Unfortunately, his dream of fishing everyday for the rest of his life never materialized. Just months after retiring my Grandpa sold his boat. His emphysema had worsened and his knees degenerated to the point that making even a short walk to his mailbox a difficult journey. My Grandpa lived another 13 years after retirement but I watched as he never really "lived" the remaining years out as he

had once dreamed of doing.

Sadly, most of us don't fully appreciate what we have. We often put off for tomorrow that which we should do today. We assume health and wellness are things we will always have...but then comes age, accidents, falls, injuries, bad posture, unexpected illnesses and bad habits. We never know what tomorrow will bring but we can take a few steps today to make our chances for a quality and healthy tomorrow better.

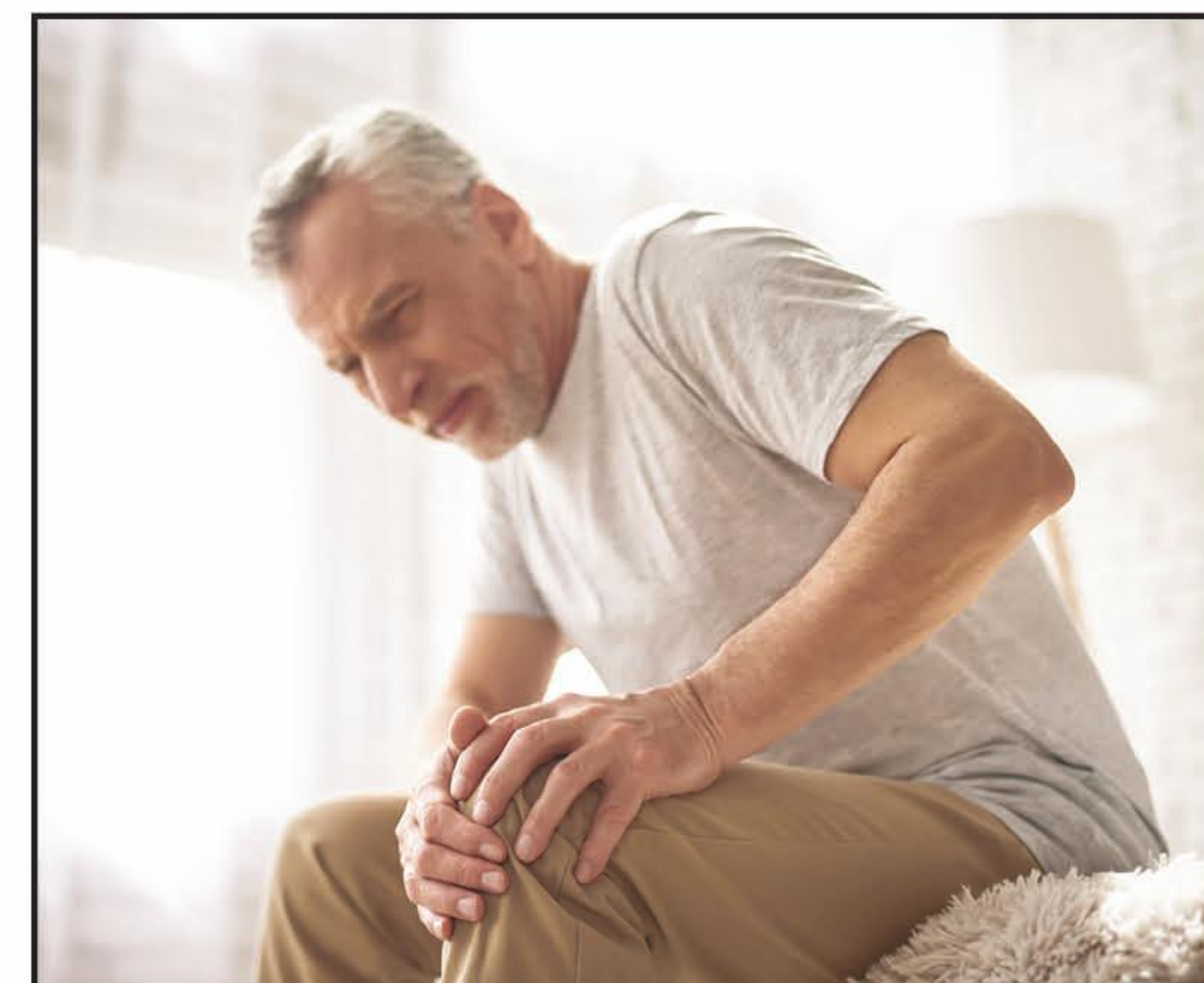
First, be grateful! Gratitude is healing to our mind, body and spirit. Grateful people experience fewer aches and pains and they report feeling healthier than other people. Not surprisingly, grateful people are also more likely to take care of their health. They exercise more often and are more likely to attend regular check-ups with their doctors, which is likely to contribute to further longevity.

Second, move your body often! It's no secret: Human life has become structured in a way that makes it very easy to avoid movement. We sit in cars on the way to work. At work we sit at our desks for much of the day. Then we come home and sit down to relax. That's not what

our bodies are built for, so creaky knees, stiff backs, and "I can't keep up with my toddler!" have become the norm. Sure, if you can't move well, it may be a sign that you aren't as healthy as you could be. But the quality and quantity of your daily movement — your strength and agility — are actually markers for something much more important... Your Quality of Life!

Third, eat well! Forget all the fad diets that are here today and gone tomorrow. It's really simple: Eat more unprocessed foods including fruits and vegetables, grass-fed meats, and healthy oils and less white sugar, white bread, white rice, white flour, dairy, and artificial sweeteners and flavorings. Eat during a 5 to 7 hour window each day. And drink plenty of filtered water!

Fourth, embrace healthy relationships. Research shows that being in positive relationships is linked to less production of the stress hormone cortisol. Research also shows that having loving people in your life can improve your survival after heart surgery by three times. Find loving, supportive and positive people to surround yourself with!



**Photo: Man Suffering From Joint Knee Pain**

Finally, keep your spine and joints aligned and healthy. Like our cars, our body needs regular check-ups to ensure our joints are aligned and moving in optimal ranges of motion. When any joint is misaligned, it creates increased wear and tear. If the wear and tear becomes too great, you can visit our office where there are many treatments excellent option but sometimes, when it gets bad enough, the solutions are joint replacements and walkers.

Be grateful for what you have today and take care of yourself so you increase your chances of having a healthy and high quality of living the life you desire into the future! 🌸

HVAC SERVICE • DIAGNOSTICS • REPAIRS • REPLACEMENTS | COMMERCIAL BUILDINGS • RESIDENTIAL BUILDINGS



**REQUEST SERVICE**  
**CALL US AT**  
**(239) 217-4111**  
 OR EMAIL US AT  
**INFO@ALLIEDAIR.BIZ**

**FAST SERVICE**  
**COMFORT CLUB**  
**34 YEARS EXPERIENCE**  
**COMPETITIVE PRICING**

**CALL FOR A MAINTENANCE CHECK ON YOUR AC TODAY!**

**WWW.ALLIEDAIR.BIZ**

**90%**

*Of Active Adults Don't Know About This Pain Relief Breakthrough*




*The staff and doctors have worked their magic to such a point that i feel I am better today than I was before the auto accident!*

-Pat A.

- Could this groundbreaking therapy actually improve chronic pain? Even for people who've tried everything?*
- Is it possible to regain your active lifestyle & mobility without drugs or surgery?*
- Can you really have a pain-free life regardless of your age?*

**Discover The Ideal Breakthrough Treatment Options You've Been Searching For!**

**(239) 334-9355**  
 11300 Lindbergh Blvd # 110  
 Fort Myers, FL 33913

**LIFESTYLESHEALTHCAREGROUP.COM**

# Local Organizations Come Together to Host Second Annual Workforce Signing Day

Submitted By Jenny Parrish

"It's not all about college. It's not the only way to succeed in life," said Marissa Brown, a 2021 graduate of Ida Baker. Brown was celebrated last year at Workforce Signing Day, an event championed by Bill Daubmann of MY Shower Door. Workforce Signing Day recognized the high school seniors of Lee County that entered the workforce post-graduation.

Now, Workforce Signing Day is entering its second year and looking forward to celebrating this year's graduating class of seniors that are entering the workforce. Workforce Signing Day 2022 is cohosted by SWFL Inc., The Lee County School District, Lee County Economic Development Office, MY Shower Door and D3 Glass.

"Employers are having a difficult time hiring people," Daubmann said. "This is a way to match employees with employers. The students going into the workforce are part of the community and are establishing roots in Southwest Florida."

While some students are bypassing secondary education and going into the workforce, some who attend the signing day will be working and going to college or receiving specialized training.

"The School District of Lee County is committed to encouraging our stu-

dents to follow their individual passions and career pathways. We also recognize that successful workforce development requires community collaboration. We are grateful to our business partners, sponsors and local organizations for supporting and celebrating students who have made a plan and are entering directly into the workforce after high school," said Kelly Thawley, Career Specialist with the Lee County School District.

Rita Davis, Director of Adult and Career Education at the Lee County School District added, "According to an April 2021 economic news release by the U.S Bureau of Labor Statistics, 67.2% of recent high school graduates not enrolled in college entered the workforce."

"Lee County understands the value of workforce entry post-graduation and we are proud to honor students who choose this path. We are also very grateful for the commitment of our business community to promote and support initiatives that celebrate our workforce-ready graduates."

Workforce Signing Day will be hosted on Thursday, May 12, 2022, at the School District of Lee County's Board Room. Check-in begins at 6:00 p.m. and the event will be held from 6:30 p.m. to 7:30 p.m. Supporters can RSVP for the limited capacity event by visit-



Photo: Danyella Orjuela was one of the seniors celebrated for entering the workforce post-graduation in 2021 at Workforce Signing Day. The event will be hosted again this year on Thursday, May 12.

ing [SWFLInc.com/events/workforce-signing-day](http://SWFLInc.com/events/workforce-signing-day).

Various sponsorship opportunities are available for local businesses and individuals looking to support the incoming workforce or celebrate seniors they've already hired. For more information, contact Charles Stance at [Charles@SWFLInc.com](mailto:Charles@SWFLInc.com).

### ABOUT SWFL INC.

SWFL Inc. is a regional chamber of commerce serving the Southwest Florida business community. It connects businesses to a regional net-

work of customers, offers educational resources to help them grow in a modern economy, and actively works to solve regional issues that impact the business community. At SWFL Inc., membership is free and open to all businesses to create (inc)lusive opportunities for all.

Ranked among the top one percent of chambers nationwide, SWFL Inc. produces exceptional business resources and programs to serve the business community, promote a region where business can grow and prosper and enhance the quality of life in Southwest Florida. ✨

31 YEARS OF EXPERIENCE. // ALL REPAIRS! MINOR TO MAJOR. // SENIOR & MILITARY DISCOUNTS. // LOCALLY OWNED & OPERATED! MV93177

**Synthetic Blend Oil Change**  
includes 5 quarts of oil and a filter **\$40<sup>99</sup>**  
\* Oil disposal additional cost

**Full Synthetic Oil Change**  
includes 5 quarts of oil and a filter **\$70<sup>99</sup>**  
\* Oil disposal additional cost

## Pure Power

### Automotive Diagnostics

OPEN

Monday through Friday  
8:00 AM - 4:00 PM

410 Leonard Blvd N. Unit 4  
Lehigh Acres, FL 33971

239-851-5352

Why pay Dealership prices when you can get the same Quality and Workmanship for HALF THE PRICE!

Front or Rear **Brake Job**

CARS **\$235.00** TRUCKS, VANS, SUVs **\$275.00**

Excludes over 3/4 Ton or larger Trucks. Disc brakes only. Rotors Included. Offer expires 5/31/22

Owner Michael Stanek

We Sell, Lease and Buy Commercial & Residential Properties

## "We Are Lehigh"

25 Homestead Rd N. #11  
Lehigh Acres, FL 33936  
Licensed Real Estate Broker  
**Phone: (239) 368-6080**  
e-mail: [jack.morse36@gmail.com](mailto:jack.morse36@gmail.com)

S Lehigh Showcase

PROPERTIES, INC.

368-6080

## IT IS THE MERRY MONTH OF MAY: BUY PROPERTY!!

LEE BLVD CORNER - COMMERCIAL Possibilities: NEW ROOF! Former MODEL HOME on Lee Blvd with Adjoining 1/4 acre lot for Customer Parking. (Real Estate or Law Offices, Construction Office, Beauty Salon, Spa, DAY CARE, etc. are possibilities!) High Visibility: Home and Lot (1/2 Acre +/-) Over 1800 SF Under Air. (Residential Zoned; will require re-zoning) UNDER CONTRACT - BACKUP OFFERS ENCOURAGED!!

Call Jack Morse (239) 218-3618 For More Information

5 lot PARCEL Across from GATEWAY Commercial Zoned - Only \$129,900. Great Location! Call Jack Morse (239) 218-3618 For More Information

GATEWAY Area - Commercial 4 lot PARCEL. Only \$79,000. Call Jack Morse (239) 218-3618 For More Information

\$2.6 MILLION Plus CLOSED & \$420,000 Pending this YEAR! WE get RESULTS! Please call to see if YOUR properties can fit into our Programs! CALL OR TEXT: 239-218-3618.

Room for one or two Experienced Residential AGENTS! Up to 90% Commissions. E & O Provided! Photography Included! No Desk Fees! Text, In Confidence, Jack Morse, Broker @ 239-218-3618

List with Lehigh Showcase for Great Exposure & Professional Photography to Drive Buyers to your Properties! All properties offered are subject to prior lease, sale or withdrawal from the market. All dimensions and measurements are approximate.

# Scott Fischer Charities Presents \$30,000 To Blessings In A Backpack Of Southwest Florida To Feed Children

## Funds Were Raised At The 25th Annual Paul Sands Memorial Slaw Dog Invitational

Submitted By Josh Milton

Scott Fischer Charities is proud to present Blessings in a Backpack of Southwest Florida with a check for \$30,000 to feed children every weekend during the school year when kids often go without food. The money was raised through the generosity of sponsors and golfers at the 25th Annual Paul Sands Memorial Slaw Dog Invitational organized each year by Scott Fischer and Lisa Farrell-Sands. Fischer and Farrell-Sands presented the check to Blessings in a Backpack of Southwest Florida's Executive Director Cecilia St. Arnold at Villas Elementary School in Fort Myers with several students and administrators in attendance.

"We were so humbled by the continued generosity of Slaw Dog Invitational sponsors and golfers at our 25th annual event," said Fischer, founder of Scott Fischer Charities and owner of Scott Fischer Enterprises. "Together, we raised more than we ever have in the event's history, which allows us to make an even greater community impact."

Blessings in a Backpack of Southwest Florida currently provides 201,400 meals to 5,900 children at 27 schools across Southwest Florida on weekends for an entire school year so they can return to class every Monday morning with a full stomach and an eager mind.

"With more and more families facing food insecurity, generous donations from the tournament help provide tens of thousands of meals to local children in need," said St. Arnold. "No child should have to go hungry."

This cause is near and dear to Fischer's heart. As a founding member of the Board of Directors for Blessings in a Backpack Southwest Florida, Fischer hopes to continue to raise money to feed more and more children each year.

Fischer and Farrell-Sands have carried on the invitational tournament in memory of Paul Sands and his legacy impact on the community. What started on a whim as two close friends reflected on the upcoming holidays after a round of golf, has grown into one of the most highly anticipated annual charity golf tournaments. The first Slaw Dog Invitational raised \$5,000, and by 2021, \$106,000 was raised in its 25th year.

Generous donations have helped to consecutively surpass the event's annual fundraising goals. David and Charlyn Veracka, representing the entire Rockstar Harley-Davidson family, upped the game by donating \$50,000, in 2020, and committed to matching up to the first \$50,000 raised in 2021 hoping to help the event set another record.

The 25th Annual Paul Sands Memorial Slaw Dog Invitational was held on Wednesday, December 15, 2021 at the Cypress Lake Country Club.

### SCOTT FISCHER CHARITIES

Scott Fischer Charities is a 501(c)(3) organization founded by Scott Fischer in 2007 out of his passion for his community. The organization has raised and donated hundreds of thousands of dollars to support causes and organizations such as Blessings in a Backpack of Southwest Florida, Muscular Dystrophy Association, Big Brothers Big Sisters, Any Soldier, REIS Scholarship Fund, Junior Achievement, United Way, PACE Center for Girls, as well as countless other groups supporting veterans, children and the disabled.

### ABOUT THE ANNUAL PAUL SANDS MEMORIAL SLAW DOG INVITATIONAL

The Paul Sands Memorial Slaw Dog Invitational is an annual tournament held every December at the beautiful Cypress Lake Country Club in Fort Myers to benefit youth charities in Southwest Florida. Paul Sands, a prominent community figure and successful commercial real estate broker with a love for slaw dogs, initiated the tournament with a desire to help local youth around the holidays. Today, his dear friends Scott Fischer and Lisa Farrell-Sands continue the event in his memory. It has since grown to be one of the most impactful and highly anticipated tournaments in the area, raising nearly \$400,000 since its inception in 1996. For more information about the Slaw Dog Invitational, visit <https://www.sfe-us.com/slau-dog-invitational/>.

### BLESSINGS IN A BACKPACK OF SOUTHWEST FLORIDA

Blessings in a Backpack serves 5,900 students through 27 school-based programs located throughout Lee and Collier Counties. In these

schools, test scores, reading skills, positive behavior, general health, and school attendance have improved dramatically due in part to students receiving the nourishment they need throughout the week and the weekends.

A \$115 donation will feed a child for one full school year. For more information, visit <https://swfl.blessingsinabackpack.org/>. To make a tax-deductible donation, mail checks to P.O. Box 61402 Fort Myers, FL 33906.



# FELIZ CINCO DE MAYO





ALL NEW  
FAJITA AND  
TACO PIZZAS!

**CELEBRATE YOUR  
CINCO DE MAYO  
WITH OUR MONTHLY SPECIALS!**



Call It In OR Order Online

May 20th  
National  
Pizza Party Day

CHECK OUT THE MANY WAYS TO PARTY!

PERSONAL PIES

Everyone gets their own 10" pizza with up to 4 toppings for just \$10 each when you order 3 or more.

FEED THE FAMILY

A 16" cheese pizza, 14" specialty pizza, 10 breadsticks, house salad, and a 2 liter of soda or lemonade.

PARTY AT HOME

An 18" specialty pizza, 10 breadsticks, 2 liter, and a six pack of craft beer or bottle of wine...now THAT'S a party!

FINE FOLK CATERERS!

Feed an army with Fine Folk Catering! Browse our packages or build your own. Order online or call (239) 313-5155.

239.313.5155 • FINEFOLKPIZZA.COM  
11300 LINDBERGH BLVD, SUITE 114 • FORT MYERS



Tyler Smith, Agency Owner



Chris Mitchell, Agency Owner

# Brightway<sup>®</sup> INSURANCE

The insurance agency reinvented around you.®

Give us a call or visit us online for a **FREE** Quote on your Home, Auto, or Flood Insurance.

- Local, expert insurance counsel
- More choice in insurance companies
- True peace of mind
- Insurance the way it's supposed to be



All Your Insurance Needs Under One Roof

Home

Flood

Auto

Motorcycle

Boat







The Smith & Mitchell Agency

(239) 603-8200

[www.brightwayondaniels.com](http://www.brightwayondaniels.com)



# Animal Refuge Center To Officially Open The Sharon Bodenhafer Critter Clinic

Submitted By Wayne Leinen

The Animal Refuge Center is excited to hold a ribbon cutting and dedication ceremony for the Sharon Bodenhafer Critter Clinic on Saturday, May 14th. The Critter Clinic is a state-of-the-art medical center that will benefit all the dogs and cats ARC takes in, who through no fault of their own, find themselves homeless, injured, or abandoned.

“Sharon Bodenhafer’s legacy is one of love, rescue, generosity, and caring,” says Animal Refuge Center Board President Wayne Leinen. “To say that Sharon was an animal lover, is an understatement. With the donation made by her husband in her honor, her legacy will now forever change the course of ours, and we are truly grateful.”

The Critter Clinic is a 2,500 square foot intake and medical facility that replaces a much smaller and older building. The clinic has a digital x-ray machine and a digital dental lab to help trained staff diagnose any health issues when animals are accepted into the shelter. ARC routinely performs surgeries of different types on its property. The excellent medical staff performs everything from spays and neuters, to dentals and mass removals. These efforts will further be helped by the addition of a new anesthesia machine.

“Sharon had been rescuing dogs and cats her whole life, so many I could not count,” says her husband Chuck Bodenhafer. “If she could not keep them, she found forever homes for them. I am proud to partner with

the Animal Refuge and honor her with the Sharon Bodenhafer Critter Clinic so that she can continue to save the lives of countless animals.”

The ribbon cutting and dedication ceremony will take place at 12:00pm on Saturday, May 14th. The Animal Refuge Center is located at 18011 Old Bayshore Rd. in North Fort Myers.



Photo: The New Sharon Bodenhafer Critter Clinic

## ABOUT ANIMAL REFUGE CENTER (ARC)

The Animal Refuge Center is the largest no-kill shelter/sanctuary in Southwest Florida, providing interim

shelter and medical care to cats and dogs placed in its care. The shelter’s philosophy avows that once an animal is accepted in, it will not be destroyed to make room for another. As a 501(c)(3) non-profit, ARC is entirely dependent on the support of public donations. 🌸

## Gateway Dental Suites

# Have The Smile You Always Wanted!

We Are Here To Take Care Of ALL Your Dental Needs

Private practice taking care of Lee County Smiles for 39 years.

### GATEWAY DENTAL SUITES COUPON

## \$50 OFF

Your Next Dental Treatment of \$200 or more

OR

## \$99

Healthy Adult/Child Cleaning, Exam & X-rays

Must present ad to receive offer. Limit one discount per person, per month. May not be combined with any other offer. No monetary value. Offer expires: May 31, 2022  
The services included are codes D1110 or D1120, D0120 or D0150, and D0274. The patient or any other person responsible for payment has the right to refuse to pay, cancel payment, or be reimbursed for payment for any other service, examination or treatment which is performed as a result of and within 72 hours of responding to the advertisement for free, discounted fee or reduced fee service, examination or treatment.

Make Your Appointment Today

Mon-Thur: 8:00am to 5:00pm | Fri: 8:00am to 12:00pm (Noon)  
Sat: 8:00am to 2:00pm | Se Habla Español

(239) 561-0002

www.gatewaydentalsuites.com

11300 Lindbergh Blvd. #101 Fort Myers, Florida 33913

## COLDWELL BANKER

### PREFERRED PROPERTIES

Join us on Facebook

★★★★★ CBPPI.com • 239-369-6161 • 800-320-8144 ★★★★★

<p style="font-weight: bold; color: #0056b3; background-color: #0056b3; color: white; padding: 2px;">\$249,000</p> <p style="font-size: x-small;">BEAUTIFUL COMMUNITY Must see to appreciate all this condo has to offer. Gorgeous 3/2/2 condo in a golf course community with a community pool and 2 restaurants.</p> <p style="font-size: x-small;">MARY BRUZIK 704-780-9528 MARYBSELLSHOUSES@GMAIL.COM</p>	<p style="font-weight: bold; color: #0056b3; background-color: #0056b3; color: white; padding: 2px;">\$299,900</p> <p style="font-size: x-small;">TWIN LAKES ESTATES Gorgeous Lakefront views, 2 bedroom/2 bath home with plenty of privacy. New A/C and water heater in 2019, new roof in 2018, new water system in 2020, ceramic tile floors, roll down storm shutters on lanai.</p> <p style="font-size: x-small;">ADELIA PIMENTAL 239-462-4053 ADELIASWFL@GMAIL.COM</p>	<p style="font-weight: bold; color: #0056b3; background-color: #0056b3; color: white; padding: 2px;">\$299,900</p> <p style="font-size: x-small;">ROOM FOR ALL THE TOYS! Beautiful 2 bedroom + den/2 bath home. 4 garages total! Garage added with 1,00 sq ft and is air conditioned!</p> <p style="font-size: x-small;">LAUREL LEVINS DOYLE 315-719-2520 LLEVISDOYLE@GMAIL.COM</p>
<p style="font-weight: bold; color: #0056b3; background-color: #0056b3; color: white; padding: 2px;">\$320,000</p> <p style="font-size: x-small;">STARTER HOME Beautifully maintained 3 bedroom 2 bath home. This home boasts of newer A/C, newer roof, updated kitchen, new dishwasher and is in close proximity to SR80, airport, schools, hospitals and Fort Myers.</p> <p style="font-size: x-small;">AYOMICHAEL 239-770-8523 SEYCMIDE2000@AOL.COM</p>	<p style="font-weight: bold; color: #0056b3; background-color: #0056b3; color: white; padding: 2px;">\$399,900</p> <p style="font-size: x-small;">SPECTACULAR 4/ 2 Spacious and beautiful pool home with 4 bedrooms 2 baths. Great condition, ready to move in.</p> <p style="font-size: x-small;">ADA NOSTE 239-878-0870 ADA.GEPP@HOTMAIL.COM</p>	<p style="font-weight: bold; color: #0056b3; background-color: #0056b3; color: white; padding: 2px;">\$500,000</p> <p style="font-size: x-small;">TURNKEY TREASURE This one has it all! Just unpack your suitcase and enjoy your large 3 bedroom 2 bath pool home with an over sized fenced yard.</p> <p style="font-size: x-small;">ROBYN EAST 315-952-9014 ROBYNEASTREALTOR@GMAIL.COM</p>

<h2 style="margin: 0; font-weight: bold;">WE NEED RENTALS!</h2> <p style="font-size: x-small; font-weight: bold;">WE OFFER FULL SERVICE PROPERTY MANAGEMENT</p> <ul style="list-style-type: none"> <li>• TENANT PLACEMENT</li> <li>• ATTORNEY APPROVED LEASE</li> <li>• VENDOR MANAGEMENT</li> </ul> <p style="font-weight: bold; text-align: center;">CALL TODAY 239-491-3300</p>	<h2 style="margin: 0; font-weight: bold;">THINKING OF SELLING? WHAT IS YOUR HOUSE WORTH?</h2> <p style="font-size: x-small;">Contact us today for a <b>FREE</b> market analysis of your property. NO OBLIGATION.</p> <p style="font-weight: bold; text-align: center; font-size: 1.2em;">CALL TODAY 239-369-6161</p>	<h2 style="margin: 0; font-weight: bold;">AVAILABLE LOTS</h2> <p style="font-size: x-small;">1/4 ACRE LOTS FROM \$9,900 1/2 ACRE LOTS FROM \$14,500</p> <p style="font-weight: bold; text-align: center;">CALL TODAY 239-369-6161</p>
--	--	---



# MY PET'S VET of Lehigh Acres

Complete Care For Cats, Dogs, Birds, Reptiles, & Pocket Pets!

Dr. Rafael Cartelli | Dr. Ernest Y. Blum  
Dr. Carlos Gonzalez



Monday - Friday 8:00 AM - 6:00 PM  
Saturday 8:00 AM - 12:00 PM  
Sunday Closed

## My Pet's Vet Annual Packages

### Feline Annual Package:

- Examination
- Rabies Vaccine
- FVRCP Vaccine
- Bloodwork
- Intestinal Parasite Screening
- Heartworm Test



### Canine Annual Package:

- Examination
- Rabies Vaccine
- DHPP Vaccine
- Bloodwork
- Intestinal Parasite Screening
- Heartworm Test



Call us to schedule an appointment today!  
(239) 368-8387

**239.368.8387**

61 Bell Blvd N, Unit 2  
Lehigh Acres, FL 33936

In the Winn Dixie Plaza at the corner of Joel & Bell Blvd.



[www.mypetsvet.net](http://www.mypetsvet.net)

Se Habla Español Find us on



## 2 Nice Guys, Inc.

Interior and Exterior Painting

Give your home a finished look.  
A little paint equals **big** impact!

Beautifying Southwest Florida Since 2003.

**Call Today For A Free Consultation**

For Your Home Or Business.

Ask About Our Trim Division!

**A Family Owned And Operated Business**

Committed To Excellence In Craftsmanship  
Mention Seeing Our Ad In The Corridor!



A DIVISION OF



Painting with Unparalleled Quality,  
Value and Customer Service

[2niceguys.net](http://2niceguys.net) | (239) 690-1479

Licensed & Insured #CGC1526754



FORT MYERS INTERNAL MEDICINE, LLC

Robert Haddad, MD FACP  
Board Certified Internal Medicine  
Mayo Clinic, Rochester, MN

Seth Jelinek, MD  
Board Certified Internal Medicine  
University of Texas at Austin, TX

*"Health Care Excellence  
Without Exception"*

**CURRENTLY ACCEPTING  
NEW PATIENTS**

Same Day Urgent Care Visits  
For Established Patients

Please call to schedule your appointment.

**239-225-1306**

13861 Planation Road, Unit 104  
Ft. Myers, Florida 33912

Monday - Friday, 7:30am - 5:00pm



H A P P Y

*Mother's Day*

**Trendsetters  
Hair Studio**

hair | nails | waxing | packages | gift certificates

Amy | Debbie | Brandy | Brittany | Emily | Melanie

11300 Lindbergh Blvd, #108 (next to Norman Love)

[www.trendsettersfl.com](http://www.trendsettersfl.com) **239.768.6861**

# Pet Allergies

By Dr. Veja Tillman, DVM

## WHAT IS AN ALLERGY?

An allergy occurs when the immune system overreacts and produces antibodies to substances that it would normally tolerate. This excessive response is considered and allergic or hypersensitive reaction. Allergies can develop to any substance that a pet is exposed to. Food, fleas, seasonal environmental allergens (grasses or pollens) or indoor allergens (dust mites and molds).

## WHAT ARE THE SYMPTOMS?

The immune system's job is to keep you healthy by fighting harmful pathogens. It does this by attacking anything it thinks could put your body in danger. Depending on the allergy, this response may involve inflammation, or a host of other symptoms.

The most common symptom associated with allergies is localized (in one area) or generalized (all over the body) itching of the skin and ears. In some pets, licking or chewing the feet, limbs or belly may lead to skin infections or recurrent ear infections. In some cases, the symptoms involve the respiratory system, with coughing, sneezing, and/or wheezing. Sometimes, there may be runny discharge from the eyes or nose. In the case of food allergies, the digestive sys-

tem may be affected, resulting in vomiting, diarrhea, or chronic anal gland issues.

## HOW COMMON ARE ALLERGIES?

Allergies are very common and often occur after the age of 6 months. They are more commonly seen around the age of 1-2 years old. This is because it takes time for the body to become sensitized to the substance the pet is allergic to. Common pet allergies include contact allergies, food allergies, environmental allergies (or a more severe form termed Atopic Dermatitis) and flea allergies.

## DIAGNOSING ALLERGIES

Diagnosing allergies can sometimes be difficult. Especially since the signs of allergies can be confused with other disorders, or they can occur simultaneously. Be prepared for your pet to receive a full diagnostic evaluation to rule out other causes of itching and skin problems. Your veterinarian will also discuss allergy testing either by a blood test or skin test. In some instances, biopsies of the skin may be required.

## TREATMENT OF ALLERGIES

Because there is no one size fits all treatment for allergies, there are many allergy

treatments available for pets. Allergy treatment and control may take several months of trial and error to find a protocol that best controls your pets' signs effectively

## Common treatments for allergies include:

- Anti-itch therapy: Use of daily oral or injectable medications that block itching and inflammation.
- Medicated shampoos which help keep the skin barrier healthy and prevent secondary infections
- Antihistamines aid in reducing sneezing and watery eyes.
- Special Diets which help pets avoid food allergens and help strengthen the skins barrier.
- Hyposensitization: Allergy shots which contain very small doses of allergens, given daily to desensitize the immune system.
- Antibiotics and Topical ear medi-

cations: Sometimes used to treat secondary infections to help control allergy symptoms.

There is no cure for allergies. The goal of allergy treatment is to control the clinical signs and keep your pet happy and healthy. It is important to maintain contact with your veterinarian to adjust treatments for your pet based on their response.

If you suspect that your pet may have allergies, make an appointment to have them evaluated by your veterinarian today.

## ABOUT DR. VEJA TILLMAN, DVM

Dr. Tillman is a 2002 graduate of Tuskegee University School of Veterinary Medicine. Her veterinary practice and work experience focuses on patients at emergency and critical care centers in Southwest Florida. She is the owner of Just 4 Pets Wellness Center and can be reached at 239-270-5721. 🌸

# Montage Women's Club

By Rita Artwohl

The Montage Women's Club is a social and philanthropic club open to all women residing in Lee County. We meet on the fourth Thursday of each month at The Landings Yacht, Golf, and Tennis Club (community entry off McGregor Blvd between Cypress Lake Drive and College Pkwy). Meetings begin at 11:30 a.m. with a short social period followed by lunch at Noon and normally an informative speaker program. Within the organization are various interest groups for members' participation. Membership is open to both year-round and seasonal residents. We welcome you to visit Montage for a luncheon.

Our next meeting will be held on Thursday, May 26th, and our speaker will be Jan Fifer from Special Equestrians (a therapeutic riding center that offers equine-assisted

activities and other therapies). Special Equestrians is a non-profit agency who serves both children and adults with disabilities in Southwest Florida. They are located in the Buckingham area of Fort Myers. Luncheon fee is \$25.00 per person and the planned menu will be turkey, fresh asparagus and Parmesan crepes with sundried tomato cream, harvested wild rice, rolls and butter, and Chef's choice of dessert. There is always an optional plant-based/vegan menu entrée with fresh fruit for dessert available.

If you would like to attend a Montage meeting, need further information, or would like to make a reservation, please call Rita Artwohl at (239) 703-7787. Reservations cut-off to attend this meeting is Noon, Thursday, May 19th. 🌸



**LIGHTHOUSE RESORT Inn & Suites**

1051 Fifth Avenue | Fort Myers Beach, Florida

**WHERE LAZY DAYS Turn Into Epic Nights!**

In the heart of the exciting Times Square entertainment district, just steps from the Gulf of Mexico, fishing pier, shopping and dining.

LighthouseIslandResort.com | 239-463-9392 | 800-778-7748



**Just 4 Pets WELLNESS CENTER**

**Promoting Wellness**

WELLNESS & SICK PET EXAMS  
DENTAL CLEANING AND SURGERY  
IN-HOUSE DIAGNOSTICS  
CAR SIDE OR IN CLINIC VISITS  
COVID CONSCIOUS FULL SERVICE HOSPITAL  
APPOINTMENTS SCHEDULED TO MAINTAIN "PHYSICAL DISTANCING"  
EXAM ROOMS SANITIZED BETWEEN APPOINTMENTS

**MAKE AN APPOINTMENT TODAY!**



**Hours of Operation**  
Mon | Wed | Thurs | Fri : 8 AM to 6 PM  
Tues : By Appointment Only  
Open First Saturdays Of Every Month, 8am To 12pm

**239-270-5721**  
**www.Just4PetsFL.net**  
8911 Daniels Parkway, Suite 7 | Fort Myers, FL 33912

**華 CHINA STAR 星**

★ Lunch Specials ★ Full Bar ★ Steaks ★ Seafood ★ Ribs ★  
★ Wings ★ Dine-In ★ Take-Out ★ Delivery ★

**MULTIPLE YEAR AWARD WINNER "Best of Lehigh"**

**We Offer a Full Bar!**  
The home of the famous "Scorpion Bowl"



**HOURS:**  
Mon - Sat: 11am - 10pm  
Sun & Holidays: 12 noon - 9pm

**Free Delivery**  
Limited Area • \$15.00 Minimum Purchase

**AMERICAN-CHINESE RESTAURANT**  
1111 HOMESTEAD ROAD N., Lehigh Acres, FL 33936  
**369-1110 ★ 369-7090** Gift Certificates Available

# Lee County Commissioner Ray Sandelli: “East Lee County... Our Time”

By Mike Welch



**Photo: Mike Welch**  
**Let Us Hear From You!**  
**Contact Us At:**  
 voicesoflehigh@gmail.com

Lee County Commissioner Ray Sandelli in this month’s Voices of Lehigh section makes some thoughtful remarks about East Lee County/Lehigh as “Our Time.” Of course, he is so right about that as eyes turn to the east as we experience rapid growth as more people move into our region. Ray is no stranger to our communities in the East. Beginning with his appointment by Governor DeSantis to the County Commission, Ray has focused on infrastructure and economic growth for the communities of the East. I hope you enjoy his arti-

cle. Feel free to contact him at dist3@leegov.com or call 239.533-2223.

Sheriff Carmine Marceno touches on a topic of grave concern for us and for our citizens in Eastern Lee County – Aggressive Driving and Road Rage. I do not have to tell you of the heartbreaking and deadly road accidents that are occurring all too often on our roads. I also do not have to tell you of the reckless and thoughtless “few” that cause a number of these tragedies due to reckless, rageful and bullying driving that is going on. It almost seems that Lee Blvd. and SR82 have become dangerous drag strips that are now venues of life changing tragedies. I hope you read the Sheriff’s article. Call 911 if you feel unsafe and threatened.



**Photo: East Lee County Chamber of Commerce Board of Directors/staff (Doris Moore - center)**

**A FOND FAREWELL!**

The East Lee Chamber of Commerce bid a farewell and best wishes for a great retirement for our financial di-

rector – Mrs. Doris Moore. Chamber Directors and staff gathered at our April 2022 Board Meeting to wish Doris the best! Thank you for everything Doris! 🌟

## Riverdale Dental Associates

# Have The Smile You Always Wanted!

We Are Here To Take Care Of ALL Your Dental Needs

Private practice taking care of Lee County Smiles for 39 years.

### RIVERDALE DENTAL COUPON

## \$50 OFF

Your Next Dental Treatment of \$200 or more

OR

## \$99

Healthy Adult/Child Cleaning, Exam & X-rays

Must present ad to receive offer. Limit one discount per person, per month. May not be combined with any other offer. No monetary value. Offer expires: May 31, 2022. The services included are codes D1110 or D1120, D0120 or D0150, and D0274. The patient or any other person responsible for payment has the right to refuse to pay, cancel payment, or be reimbursed for payment for any other service, examination or treatment which is performed as a result of and within 72 hours of responding to the advertisement for free, discounted fee or reduced fee service, examination or treatment.

Riverdale Dental Associates

Se Habla Español

Make Your Appointment Today

Mon - Wed: 8 am to 5 pm    Thurs: 8 am to 8:30 pm  
 Fri: 8 am to 12 pm (Noon)    Sat: 8 am to 2 pm

(239) 303-2400

www.riverdaledentalonline.com

201 Plaza Dr. #1 Lehigh Acres, Florida 33936

# Physicians' Primary Care

OF SOUTHWEST FLORIDA

Learn more here...

## Pediatrics

- Well child checkups
- Same-day sick appointments
- Open 365 days a year
- Newborn care

## Family Medicine/Internal Medicine

- Annual physical exams
- Comprehensive care and treatment

(239) 481-5437

Pediatrics

(239) 482-1010

Adult Medicine

ppcswfl.com

@PhysiciansPrimaryCareSWFL

@PhysiciansPrimaryCare



# East Lee County... "Our Time"

By Commissioner Ray Sandelli



Photo: Commissioner Ray Sandelli, District 3 - Lee Board of County Commissioners

In one of my very first calls when I assumed my role as a County Commissioner in 2019, I asked not where we were as a county, but where are we going? It was evident growth was coming our way and those with thoughtful insight offered that East Lee County would play an important

part in the way forward. The question was when?

In 2020, the unexpected challenges of the pandemic did not create new trends but rather accelerated existing ones. The "move" was occurring prior to the pandemic, already spurred by geographic, demographic and consumer shifts throughout the United States.

The real estate industry is equal

parts local, regional, and national yet are tied together by such common factors as the availability of labor, cost of materials, and available land. Add to that rising inflation, cost of financing, and the challenges increase. Which leads to the key factor of sustainable and affordable workforce housing. In essence we have more demand than supply, which pushes cost up.

By adding to the supply side we

keep our workforce employed, work to get housing stock up, and create new communities which brings people together to work and play. The "template" of ample or usable green space, protection of our precious waters, wildlife and smart housing does exist, however there is more work to do.

So where are we going? East...and no question the timing is now!

# Aggressive Driving, Road Rage On The Rise

By Sheriff Carmine Marceno



Photo: Sheriff Carmine Marceno, Lee County Sheriff

The growth of population and the increased traffic that accompanies such growth appears to generate a rise in patterns of driver frustration. Sprinkle in the additional stressors of a pandemic, inflation and other the other tensions that most of us experience and you have a recipe for "road rage."

Some drivers engage in aggres-

sive, careless and unsafe operation of their vehicle. Behaviors such as speeding, tailgating, weaving through traffic, horn-honking and abrupt lane-changing prompt "high-anger drivers" to react poorly to this manner of driving.

Many of these incidents can be avoided. Consider:

- Changing lanes when being tailgated. While tailgating is unsafe and a ticketable offense, you need not allow it to escalate into an in-

cident.

- Allowing others to pass.
- If another driver uses inappropriate finger gestures, ignore them.
- Avoid eye contact. Many reports indicate that eye contact escalates these "ragers."
- Attempt to remain behind angry drivers. You are far less likely to be injured if you do so.
- Never exit your vehicle to confront another driver.
- Pull off of the road, if necessary. When doing so, utilize well-lit, populated areas. Create space be-

tween your vehicle and theirs by allowing them to leave the scene.

- Contact the Lee County Sheriff's Office or local law enforcement should you feel threatened or unsafe.

These incidents will continue to occur. A simple driving error may prompt anger and violence. However, calm and non-antagonistic behavior can usually deescalate an incident. Be courteous, non-confrontational and mature while operating your vehicle. \*

## Fashion Show



COMPLIMENTARY MOTHER'S DAY SPRING FASHION SHOW

HOSTED BY ANTHONY'S

THURSDAY, MAY 12TH | 2:00PM

125 YEARS OF FLORIDA STYLE

The Fountain Crest residents and staff will be modeling Anthony's ladies apparel! Enjoy refreshments, 50/50 raffle, door prizes & more!

RSVP: (239) 674-6585 | [FountainCrestRet.com](http://FountainCrestRet.com) | 239-674-6585

FOUNTAIN CREST  
RETIREMENT COMMUNITY




## Lehigh Acres Rotary Club Presents

# MAY 7, 2022

(RAIN CHECK DATE: MAY 14, 2022)

## VETERANS PARK

(55 HOMESTEAD RD S, LEHIGH ACRES, FL)

12:00 PM [NOON] - 11:00PM • FREE ADMISSION



## 5 LIVE BANDS

Hit-N-Runn, Deep Freyed, Shore Nuff, Southern Sophistocats, Live N Learn

Beer, Wine, Soda and Water... Plus Food by local nonprofits. Bring a Chair or Blanket.

No Personal Coolers Allowed. Service Dogs Only.

PLEASE BRING A CANNED FOOD ITEM FOR: LEHIGH COMMUNITY SERVICES PANTRY

LEND A Hand GIVE A Car

THIS EVENT IS MADE POSSIBLE BY THESE AND OTHER SPONSORS

































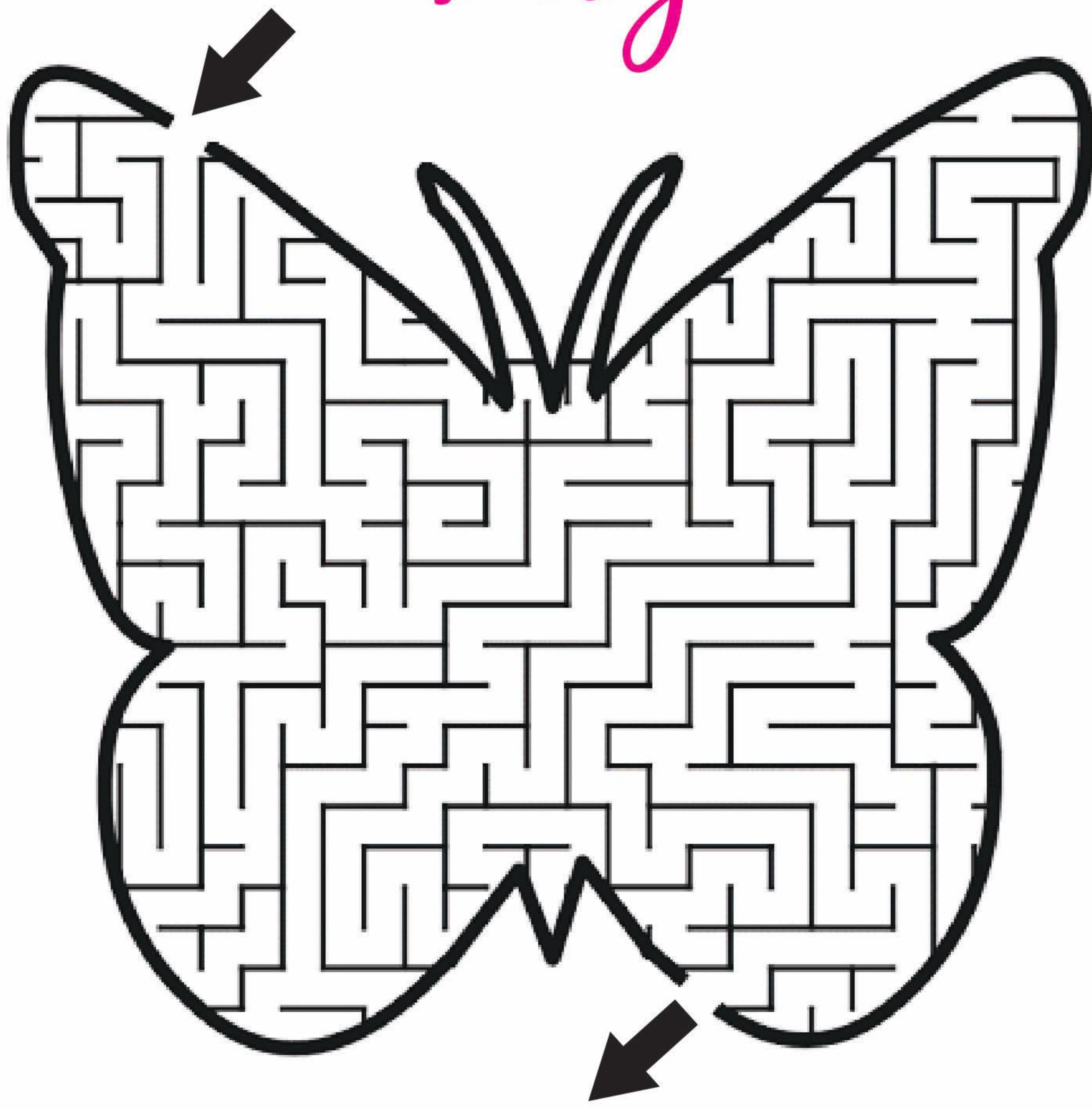


		9	2		3	1		7
	1		9		5		2	
		5						
	7							9
		6				5		
8							1	
						8		
	2		5		7			6
6		4	3		9	2		

### MOTHER'S DAY - WORD SEARCH

R A T W S U N D A Y Y S I E E M N H H H  
 I W A W S D R A C Y T L T H T N H B Y F  
 Z P A E D A M D N A H D I A E D R F B D  
 S E A I E K D S T T G R T M E E W R R M  
 N A K C H O C O L A T E S X A L E R E P  
 O N F W A D A Y O F F A N K U F T Y V E  
 I I O E I G W D V H S O F T O D A E P A  
 T T T E L R C W E P R A G S E D S O R C  
 I H T I N E I S I I S E O D E A F A H E  
 D E T I I A S L D T U I H G A I E E S F  
 A U O T D A U S I R P I C T U R E S I U  
 R O X S M T M N T A A N H S O R T I R L  
 T H V A R E B Y G E H N O B T M R O E C  
 O D J E W E L R Y H W A L T L B U I H N  
 T S U E D C W R L N F C I O T O I N C O  
 D L D T E A N O S S T E D N M B E I B L  
 U M W I H E E S L T L M A S S A G E A W  
 F O L E K T L T A F N P Y E W M Y E N R  
 L S A M A J A P R I S P C S A S O G P E  
 T G N I P P O H S G A R D E N I N G G E

Happy  
**Mother's Day**



- |                  |               |                   |
|------------------|---------------|-------------------|
| BREAKFAST IN BED | HEART HOLIDAY | PEACEFUL PICTURES |
| CARDS            | JEWELRY       | RELAX             |
| CHERISH          | KIDS          | SHOPPING          |
| CHOCOLATES       | LOVE          | SPA               |
| DAY OFF          | MASSAGE       | SUNDAY TEA        |
| FAMILY           | MAY           | TRADITION TULIPS  |
| FLOWERS          | MOTHERHOOD    |                   |
| GARDENING        | MUSIC         |                   |
| GIFTS            | PAJAMAS       |                   |
| HOMEMADE         |               |                   |

## MORE TO CELEBRATE!

Dates & descriptions provided by [www.holidayinsights.com](http://www.holidayinsights.com)

#### May 8

##### No Socks Day

It's time to get out your sandals and flip flops. For today is No Socks Day. Go ahead..... free your toes of the confines of socks and stockings. Give those toes of yours a breath of fresh air. The creators of this day also profess that No Socks Day will reduce your laundry load, and therefore, is healthy for the environment. It's easy to participate in No Socks Day. Just leave your socks and stocking off, and let your toes enjoy a moment in the sun! Note: While washing your feet prior to participating in No Socks Day is a requirement, painting your toe nails is completely optional.

#### May 11

##### Eat What You Want Day

What would you like to have to eat today? Okay, great.....health permitting, go ahead and have any and all of your favorite foods and snacks. Because today is Eat What You Want Day. Eat What You Want Day is definitely not a day for diets. It is one single, solitary day in the year to go off your diet and eat something you really enjoy, Today, you can set aside your dietary "No-No" list. Today, you can splurge. Tomorrow, it's back to the diet. It is important to note that today is not intended to eat as much as you want. Rather, the goal is to eat something you otherwise wouldn't have. If you are watching carbs or calories, simply keep within your limits by eating just a small amount of that favorite treat. Caution: People with allergies and/or medical conditions, may not be able to fully participate in this day. Simply said: Do not risk your health to participate in this day.

#### May 14

##### Dance Like a Chicken Day

Dance Like a Chicken Day is for those who like to do the "Chicken Dance". All 'ya gotta do is dance like a chicken. While any dance song will do, there's no dance like the Chicken dance. It's tradition at every wedding reception to play and to dance the Chicken Dance. It gets people of all ages up dancing and mingling. It puts a smile on everyone's face. The Chicken Dance is not limited to weddings. It is also played at other social events where there is a band and dancing. The only problem is that events are way too frequent for a chicken dance lover. Therefore, today exists to provide you with another opportunity to dance like a chicken. So, don't pass up this priceless opportunity.

#### May 25

##### National Wine Day

Tap the keg. Crack open a bottle. Today is National Wine Day. People have been drinking wine since the early days of man (and woman). There are plenty of references to wine in the Bible. Wine has thankfully been around for thousands of years. There are many varieties of grapes, giving us the opportunity to make and enjoy, hundreds of different varieties of wines. Made from fermented grapes, wine is easy to make. As a result, there are many home vintners among us. While you don't have to drink wine today to celebrate this day, it certainly would not be as much fun.

4	8	9	2	6	3	1	5	7
3	1	7	9	4	5	6	2	8
2	6	5	8	7	1	9	4	3
5	7	2	1	3	6	4	8	9
1	4	6	7	9	8	5	3	2
8	9	3	4	5	2	7	1	6
7	3	1	6	2	4	8	9	5
9	2	8	5	1	7	3	6	4
6	5	4	3	8	9	2	7	1



(239) 561-1150  
www.gatewayminispa.com


MINI SPA & SALON  
THERAPEUTIC MASSAGE CENTER, LLC

Hair • Massage • Facial • Nails • Waxing • And More



## BODY & SOUL TOTAL RELAXATION

13120 Westlinks Terrace #9 | Fort Myers, FL 33913



**PUBLISHER**  
East Lee County News, LLC | 239-908-4581 | [press@eastleeneews.com](mailto:press@eastleeneews.com)

**CONTRIBUTORS**  
Butch Swank | Dr. Darin Stokke, DC | Jenny Parrish | Josh Milton  
Wayne Leinen | Dr. Veja Tillman, DVM | Rita Artwohl | Mike Welch  
Commissioner Ray Sandelli | Sheriff Carmine Marceno

**DISTRIBUTION**  
East Lee County News is a Direct Mail Publication. Additional copies may be picked up at Lifestyles Healthcare Group and Apothicare 360. Call us for a list of additional pick up locations or stop by our office at:  
12801 Commerce Lake Dr, Suite #26, Fort Myers, FL 33913

**EDITORIAL BOARD**  
Katrina Salokar | Marlene Asta  
David Foetisch | Butch Swank

**PRODUCTION • DESIGN**  
Paradise Creative Group  
Marlene Asta

**CUSTOMER RELATIONS**  
David Foetisch

**ADVERTISING INFORMATION**  
EAST LEE COUNTY NEWS, LLC | 239-908-4581  
[press@eastleeneews.com](mailto:press@eastleeneews.com) | [eastleeneews.com](http://eastleeneews.com)

### Want to be in The Roar?

If you're interested in contributing...  
 Ops-Eds // Press Releases // Recipes (Food or Beverage)  
 Please email [press@eastleeneews.com](mailto:press@eastleeneews.com).

If you would like to advertise & have your business promoted to over 62k+ Residents  
 email [press@eastleeneews.com](mailto:press@eastleeneews.com).

The East Lee County News is a monthly publication for the residents in its distribution area. We utilize material contributed by the readers, organizations, and public relations professionals as a reporting service only. The East Lee County News is not responsible for inaccuracies or errors that may be contained in such material. Articles are published in as timely a fashion as deadlines allow and on a space available basis. Goods or services advertised within this publication are not endorsed, warranted or guaranteed by the East Lee County News, LLC. Submissions: You may submit your piece to the newspaper to consider for publication. All submissions must be made in a modifiable computer file and emailed to: [press@eastleeneews.com](mailto:press@eastleeneews.com) and [voicesoflehigh@gmail.com](mailto:voicesoflehigh@gmail.com). The submissions must include your name, full residential address (no post office boxes), your telephone number, your occupation and a short description of your background. By transmitting your piece to [press@eastleeneews.com](mailto:press@eastleeneews.com) and [voicesoflehigh@gmail.com](mailto:voicesoflehigh@gmail.com) you agree to the following Copyright Statement: I have not submitted this writing to any other publication. I have used my own words and ideas in this writing and agree that the newspaper may edit my writing for publication, redistribution and commercial rights to my writing without royalty or other compensation.

# BUSINESS BILLBOARD

To place your ad in the Business Billboard call us at (239) 470-5611

**AIR & HEAT DYNAMICS**  
 AIR CONDITIONING • HEATING • POOL HEATING  
 REPAIR • UPDATE • MAINTAIN  
 WATER HEATER • HEAT RECOVERY  
*Yes, We Clean Dryer Vents!* *Luis E.*  
**(239) 210-1688**  
 Lic. # CAC1815527 *Si Hablamos Español*

**SWFL BUSINESS NETWORK**  
 CONNECTING OUR COMMUNITY  
**YOU'RE INVITED!**  
  
 Join us for **FREE** networking!  
**2 Opportunities a Week!**  
 Form and maintain strong relationships with other local businesses, and get quality referrals from one another.  
 Optional \$10/month and \$30/month memberships available.  
**WEDNESDAYS** 12:00pm-1:00pm  
 Torched Bar and Grill  
 2409 Surfside Blvd,  
 Cape Coral 33991  
**FRIDAYS** 7:30am-9:00am  
 European American Bakery  
 12450 Metro Pkwy,  
 Fort Myers, FL 33966  
 Arrive and depart anytime.

  
**WAY 2 GO**  
 HOME WATCH SERVICES  
*We are the key to your comfort*  
**(239) 478-8884**  
*Tim Sevarino*  
 Owner  
*Licensed, Bonded, & Insured*

**PRESSURE PROS** **HANDYMAN**  
 HOME SERVICES  
 Quality Service Guaranteed *Licensed & Insured*  
 Ask About Our **\$99** Specials!  
**FREE ESTIMATES**  
**MATTHEW RYAN**  
 Owner  
**(239) 645-9834**

**Lehigh Aluminum Inc.**  
**CALL US FOR YOUR STORM REPLACEMENT NEEDS**  
**Jim**  
**(239) 940-2074**  

- Entryway
- Screen Rooms
- Pool Enclosures
- Garage Screens
- Soffits
- Siding Gutters
- Storm Protection

  
 LIC #AW000020  
*Quality Work and Affordable Prices*  
*Serving Lehigh Acres Since 1989*

**Get a FREE game of bowling at**  
 **Gator Lanes**  
 239-939-0048  
 1901 Crystal Drive  
**when you sign up to receive our e-Newspaper and get offers at [eastlenews.com/deals](http://eastlenews.com/deals).**  
 To redeem your Free Game you'll be invited to log in to Gator Lanes new Online Rewards Center. One Game per Person. Conditions apply.

**SCREEN MACHINE**  
 OF SOUTHWEST FLORIDA  
**SCREEN REPAIR SPECIAL** Tops are only... Sides are only...  
**\$75<sup>00</sup>** each **\$50<sup>00</sup>** each  
**Materials In-Stock GUARANTEED!**  
**10% Discount on Complete Re-Screen!**  
 \$150 Minimum Job / 2 Year Warranty Included  
**CALL FOR YOUR FREE ESTIMATE**  
**(239)898-3528**  
 Licensed & Insured  
**Bringing You 20 Years of Experience!**

  
**Ter-tinis**  
**Music & Event Hall**  
*"Classy, Not Costly, In Everything We Do."*  
**Dinner Shows • Private Events**  
**Seminars • Banquets**  
**Holiday Events • Weddings**  
**www.Ter-Tinis.com**  
**239-344-6147**  
 1901 Crystal Drive, Fort Myers, FL, 33907

Pedro Fuentes Owner *Se habla Espanol*  
**FENCE 1 CORP.**  

- CHAIN LINK
- WOOD
- METAL/PRIVACY
- ORNAMENTAL
- VINYL

 Licensed & Insured  
 239-303-2624  
 FENCE\_1@AOL.COM

  
**DELIVERY PICK-UP/TAKE-OUT**  
 Delivery Area Includes: Gateway, The Forum, Buckingham And Most Of Lehigh  
**(239) 491-2203**  
**11:00am-10:00pm**  
 Tuesday-Sunday | Closed Mondays  
 4316 Lee Blvd, Unit 7 | Lehigh Acres, FL 33971  
**(239) 491-2203 | [www.lehighyummy.com](http://www.lehighyummy.com)**

**BRING Just A Little Magic TO YOUR NEXT EVENT!**  
 Enjoy affordable, family-friendly fun by inviting a charming character to entertain your party guests!  
 PRINCESSES • SUPERHEROES  
 UNICORNS • DINOS • FAIRIES  
 SWIMMING MERMAIDS & MORE!  
**CALL TO BOOK TODAY!**  
**239-264-3141**  
**WWW.JUSTALITTLEMAGIC03.COM**

**IS IT TIME TO REVIEW YOUR WEBSITE?**  
  
**PARADISE Creative**  
**OVER 20 YEARS OF EXPERIENCE!**  
 Full-Service Marketing and Advertising on Sanibel, Ft. Myers Beach in Fort Myers & Lehigh Acres, FL  
 12801 COMMERCE LAKES DR SUITE #26 FORT MYERS, FL 33913  
**239.908.4581**  
**PARADISECREATIVEGROUP.COM**

  
**FRANCHISE OPPORTUNITIES OF FLORIDA**  
 WEALTH | INVESTMENTS | FREEDOM  
**HOW WE CAN HELP YOU:**  
 PERSONALIZED SERVICE BUY OR SELL WITH CONFIDENCE  
 LONG TERM SUPPORT EXCLUSIVE FRANCHISOR TOOLS  
 EXPERT MARKETING SERVICES ACCESS TO INDUSTRY DATA  
**YOUR GOALS ARE OUR GOALS.**  
 Acquire Or Build Your Own Franchise To Gain Unlimited Earning Potential.  
 "We will match you with a franchise that works for you and guide you through the steps to achieve your goals, from the purchasing phase to marketing."  
 -Katrina Salokar, Broker, Developer, Consultant  
**CALL FOR A FREE CONSULTATION!**  
**(239) 470-5611 | [FRANCHISEINFLORIDA.COM](http://FRANCHISEINFLORIDA.COM)**  
**INFO@FRANCHISEOPPORTUNITIESFL.COM**

**HOME IMPROVEMENTS**

<b>CONCRETE:</b>	<b>ALUMINUM:</b>	<b>REMODELING:</b>	<b>ROOFING:</b>
<ul style="list-style-type: none"> <li>• PATIOS</li> <li>• SPRAYCRETE</li> <li>• DRIVEWAYS</li> <li>• PAVERS</li> <li>• DECK RESURFACING</li> <li>• DECK STAINS</li> <li>• PRESSURE CLEANING</li> </ul>	<ul style="list-style-type: none"> <li>• SCREEN ENCLOSURES</li> <li>• INSULATED ROOFS</li> <li>• ACRYLIC WINDOWS</li> <li>• POOL ENCLOSURES</li> <li>• SOFFIT &amp; FASCIA</li> <li>• GUTTERS</li> <li>• STORM PANELS</li> </ul>	<ul style="list-style-type: none"> <li>• KITCHENS</li> <li>• BATHS</li> <li>• FLOORING</li> <li>• PAINTING</li> <li>• WINDOWS</li> <li>• DOORS</li> </ul>	<ul style="list-style-type: none"> <li>• REPAIRS &amp; RE-ROOFS</li> <li>• TILE - METAL - SHINGLE</li> <li>• TROPICAL ROOFING PRODUCTS</li> <li>• SILICONE ROOF COATINGS</li> </ul>

**CALL RON (239) 872-2343**

  
 Serving SW Florida Since 1979  
 State Certified Contractor  
 General CGC 061711 Roofing CCC057370  
 VA APPROVED CONTRACTOR



# Charlie Bonacolta

Broker/Salesman

*"A House Sold Name"*

**239-994-1062**

E-MAIL ADDRESS  
Charlisold@gmail.com  
www.charliesold.com



*Over 36 Years  
Combined Experience!*

**Realty World  
C. Bagans First  
30 Colorado Road  
Lehigh Acres, FL 33936**

BUYERS BEWARE: Some Realtors may be charging you transaction fees when you purchase your home. Realty World does not charge transaction fees. Please call Realty World and save some money at closing.

# Nick Bonacolta



**Nick Bonacolta**

Salesman  
E-MAIL ADDRESS  
nbonacolta@gmail.com

Facebook.com/  
NickBonacoltaRW

**(239)  
887-0468**



## DON'T LIST YOUR HOME WITH JUST ANYONE IN THIS CRAZY MARKET!

You need the **RIGHT** agent with the experience, knowledge of **TODAY'S** current market and the contacts and connections to get you through to closing as smoothly as possible. You need someone that knows how to orchestrate the frenzy of back to back showings and multiple offers. You need someone that can help you pick the right offer that is going to get to closing based on their experience and market knowledge. The right agents will actually get you more money in your pocket.

Please give **CHARLIE** or **NICK** a call today. We have the experience, market knowledge and contacts and connections to get it done right the first time.

### CHARLIE BONACOLTA

239-994-1062

charlisold@gmail.com

### NICK BONACOLTA

239-887-0468

nbonacolta@gmail.com

*Looking for a professional full service property management company?*

Call us today to learn what our 40+ years of trusted property management can do for you.

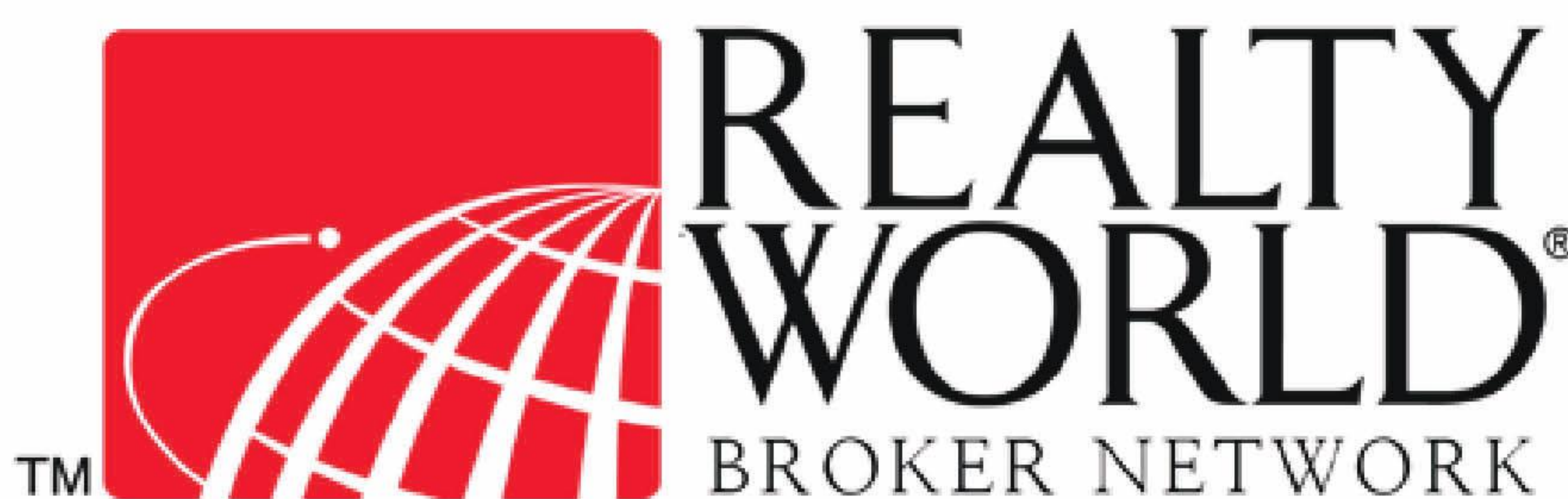
**239-369-5892**

- Shellie has the expertise to market your rental property.
- A property management attorney prepared lease that works for you.
- Licensed and insured vendors ready to do repairs at reasonable rates - No surcharges.
- A management program that provides you with monthly statements and checks.
- End of year income statements and quarterly inspections.

## WE HAVE WELL QUALIFIED TENANTS READY TO MOVE IN TODAY!



**Shellie Marchsteiner**  
Property Manager



### C. Bagans First

30 Colorado Road, Lehigh Acres, FL 33936

Telephone (239) 369-5892

**RW.Rentals.SM@gmail.com**